

## Horse Leg Care

### Perfect Your Polo Wraps

Following these step-by-step instructions for perfect polo wraps every time.



Make sure your horse is standing square before you begin, then start the polo wrap just under the horse's knee. Place the wrap edge on the inside of the leg. When wrapping a right leg, wrap in a clockwise direction; for a left leg, wrap in a counter clockwise direction.



Wrap twice around the top of the leg and begin angling downward.



Sling the wrap under the fetlock, applying slightly more tension for added support.



There will be a slight gap at that top of the wrap as you sling the fetlock, that's ok.



When you come back around the leg, angle the wrap upward to create an inverted V on the front of the leg as shown; continue using slightly more tension.



Wrap the fetlock twice around, by repeating steps 3 through 5.



Begin wrapping upward at a slight angle; as you near the top, decrease the tension slightly.



The end result! Notice how the wrap overlaps itself evenly down the leg. Also, while it's preferable to have the Velcro closure end up on the outside of the leg as shown, it's not imperative.