

Hannukah Treats

December 22, 2008

Last night was the first night of Hannukah, and along with the traditional celebrations come traditional foods. One tasty treat popular during Hannukah is jelly donuts. In Israel they're called "sufganiot." Wouldn't your horse love a gooey jelly donut? Or perhaps your horse is more of a peppermint fiend. The peppermint plant grows naturally in North America and oil derived from the leaves flavors the candy. Besides its appealing taste, peppermint oil has been used since ancient times as a remedy for an upset stomach. Peppermints are so colorful that you can put together a cheery gift for a favorite horse by filling a clear plastic jar with the candies, adding a nametag, and then tying it up with a bow. It's much less mess than trying to wrap up a box of jelly donuts.