

## Marlene McRae

### Western Expert

Marlene McRae was the 1983 and 1988 National Finals Rodeo Champion barrel racer and added an individual and team gold medal to her list of successes in 1988 at the Calgary Winter Olympics. Since then, she has taught more than 500 clinics and seminars and in 1995, was inducted into the Cowgirl Hall of Fame. McRae continues to compete and educate from her facilities in Ramah, Colo., and Blanco, Texas, producing books and videos on barrel racing, including Barrel Racing 101.

Week 1: What are some exercises I can do to help build my horse's speed for a faster time in barrel racing? Answer >>

Week 2: My barrel horse will not stop completely or turn after I pass the finish line. What can I do about this? Answer>>

Week 3: What is the best way to increase my young horse's flexibility for barrel racing? Answer >>

Week 4: I always have trouble knocking over barrels. What am I doing wrong? Answer >>