

Karen O'Connor Today on Today Show

Olympic hopefuls appear on the popular morning show.

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Two-time Olympic medalist and recent double-gold medalist at the Pan American Games in Rio de Janeiro, Brazil, Karen O'Connor appears today on the Today Show in New York City. Riding the amazing pony, Theodore O'Connor, the three-day event rider bested a field of very talented horses and riders and led the team to Gold-medal honors. The popular morning show runs from 7 a.m.-10 a.m. EST. O'Connor appears with a number of other 2008 Olympic hopefuls, including 2004 Gold medalists Natalie Coughlin (Swimming) and Paul Hamm (Gymnastics), around 8 a.m.

Following the TV appearance, O'Connor and the other athletes appear at the NBC Experience Store in Rockefeller Center to sign autographs and take pictures between 9:30 and 10:30 a.m.